



**CHULA VISTA COMMUNITY COLLABORATIVE
PARTNERS MEETING MINUTES
May 9, 2023**

1. Omar C. our CVCC Director welcomed guests and provided an update about the ¿Es Difícil Ser Mujer? Class, Day of the Child was a success with 4,000 people in attendance, 109 booths, and 135 volunteers, we thank you for all your support.

- a. Marisa Serrano gave information about HHS County of San Diego

- i. South County Intergeneration sports is happening in May, sign up for this fun group.
- ii. County is having vaccination events throughout the county, if you would like to be part of them, please sign up for the Pop-Up Vaccinations to be at your site or event.

2. **San Diego Regional Center, Elizabeth Almeida (Elizabeth.almeida@sdrc.org):**

- Early Start Program educating parents and they look for delays in the child. They work alongside a Service Coordinator.
 - Eligibility: demonstrate developmental delay (assessment is done); establish risk (means they already have a disorder); High risk (2+ conditions); Referral – Evaluation – Individualized Family Service Plan (IFSP) – early intervention services – Transition by age 3; If they are over 3 years of age then they can bring the diagnosis from a physician, it takes 120 days to evaluate or have the case open.
 - Acceptable referrals come from parents, physicians, providers in the community, Exceptional Family Resource Center (619-594-7416 call to the EFRC)
 - The intake process takes 45 days to review the case.
 - Services provided are therapy (multiple), transportation, and kids get referred to the school district in order to continue services once the program with Regional Center ends.
- ARPA is a new program to the Regional Center. They are doing outreach and anyone is welcome (undocumented and families experiencing homelessness); they do screenings on-site.

3. **UCSD CHEAR Research, Ingrid Rivera-Iniguez (iriverainiguez@health.ucsd.edu) with Dr. Kerri Boutelle:**

- UCSD CHEAR is conducting research on Latino children that are obese and overeating. The research can also be for adults and adolescents.
- 1/3 of children with obesity increased during the pandemic, especially Latino children.
- They will teach parenting strategies, how to do and implement the strategies and learn physical activities, behavioral skills, and nutrition.
- ALL FREE PROGRAM



- FRESH Program: This is a family-based program; it Educates parents first, helps with shame, and how the parent should take initiative.
- SHARE Study is a 6-month treatment, 12 months follow up and participants could earn up to \$550. 18-65 who struggle with resisting highly craved foods.
- FRESH-LC: is for Latinos only, it is a 6-month program for 5-12 years old, overweight/obese; it is telehealth, FREE, and earns \$725 and a caregiver that joins the program can earn \$180.
- FRESH-A: is for parents with 6-12-year-olds with Autism, it is a 6-month program and will earn up to \$425.
- Contact Eduardo Castro, e7castro@health.ucsd.edu for more information.
- Everyone is welcome to join the program, if they are uninsured, they can join the research program for FREE.

4. San Diego Job Corps, Jenna Biggane (biggane.jenna@jobcorps.org):

- Job Corps is a federal program that works with 16–24-year-olds. It is a school, they have a trade of their choice (train, learn, 12/15/2022 RE live, connect). Students can live in the facilities and have job corps assist them with GED, high school, job preparedness, etc. Job Corps is in Imperial Beach near the Navy Base, and they have 500 capacities, a dormitory, a cafeteria, and a lunch area to name a few. Students are welcome to go home on the weekends or stay whichever they choose, they must follow all rules, or they will be disciplined or not welcome to stay at Job Corps. Eligibility: low income, must be 16-24 years old or just turned 24 to be able to qualify. They have various locations and if the location they chose doesn't have the program they want they can be transferred to another location. Job Corps helps with driving school, nursing school, mechanics, and construction amongst other work preparedness so that once they leave the corps, they have a stable job. They have a no-drug policy since their program is Federal Funding.

5. Lutheran Social Services of Southern California, Upward Bound Program, Gabriela Bernal (gbernal@lsssc.org):

- FREE SERVICES
- Prepare for college entrance; for low-income, federally funded, citizens or residents only; first-generation is sometimes the outcome of the program.
- Tutoring, campus visitation, college & financial workshops, community service, and academic advising
- Referrals are welcome to 8th grade – 11th grade students.
- \$120 stipend is rewarded after they finish the program.

6. San Diego County SELPA. Jenn Gorospe, Heidi Lyon, Mayra Jaramillo, Lindsay Cross, Laura Cervantes (mayra.jaramillo@sdcoe.net):

- Special education programs and assistance for parents that need help or guidance through IEPs and more.
- They only help the following school districts: Coronado, South Bay, Chula Vista, Sweetwater, National City, and San Ysidro

- ADR is a voluntary process for resolving special education conflicts. There is a formal and informal step, SELPA prefers to resolve everything in the informal process.
- Parent-to-parent support: free services, educate the parents with disabilities, parent rights, services in the community, and more.
- Resource Assistance: community outreach, professional learning
- Referrals can be made by phone, email, walk-in, agency referral, or by Google form website.
- If they are a Sweetwater ADR request please email Nancy Walker, program manager at nancy.walker@sweetwaterschools.org
- 2 events coming up: 1. Resource fair, August 3, 2023, from 10 AM to 12 PM at the South County Regional Education Center; 2. Parent IEP Academy on August 15, 22, 29, and September 5 & 12 from 12 PM to 1 PM

7. PUBLIC FORUM:

- James Moffat, Wahupa Educational Services, similar services the LSSC has but for Adults Schools, James will present in June 2023
- Michelle Rodriguez, Mi Escuelita accepting students that have been in a Domestic Violence situation. Ages 3-5 and is an all-day service.
- Delia Luna, Real Choices; free ultrasound and co-parenting program
- Maria Miramontes, Family Health Centers of San Diego is still having services with the Mobile Health Clinic, especially with immunizations for sports provided.
- MAAC had incentives and rebates for their Electrical vehicle program.
- Lena Huang, Alzheimer's Association is having an event in August that would like for you to attend.
- Michelle, SY Health has an Urgent CARE clinic in Chula Vista, anyone is welcome to go and receive services. No one is denied the treatment or seen.

NEXT PARTNERS MEETING JUNE 13, 2023