

# Chula Vista Welfare Council

Celebrating a **Century** of creating  
Food Security for Chula Vista Families



**The Chula Vista Welfare Council (CVWC) was founded in 1917** to provide emergency food assistance to families in need, and over a concern that students on the school lunch programs would go hungry during Thanksgiving and Christmas holidays. As Chula Vista Elementary School District (CVESD) began to grow, and the need for food assistance during school breaks also grew, the CVWC recruited school nurses to assist with the program. Nurses referred families for holiday food assistance and assisted with annual canned food drives at their CVESD sites.

**Over 100 years later the CVWC**, with the help of many organizations and groups, work to provide an emergency food box and \$25 grocery card to over 300 families every year. The December distribution to families, referred by school nurses, uses about half the supply of food packed. The other half is disbursed throughout the year through our partnership with the Chula Vista Community Collaborative Family Resource Centers, who offer support to these families with resources and referrals. The Chula Vista Community Collaborative (CVCC) also provides CVWC with office space. CVWC operations are staffed and lead by a volunteer Board and Executives.



**50** Partnering  
Schools in CVESD

**1,500**

Emergency  
Food Boxes  
provided for  
Families in  
need from  
2018—2020



Chula Vista Welfare Council is  
**Youth and Volunteer Driven**  
with decades of community  
service in Chula Vista.

**Pictures**  
Interviewing Mrs. Hedenkamp | Food Packing | Food Drive

## Executives

**Chris Ross, President**  
(Community Member)

Margarita Holguin,  
First Vice President  
(Community Member)

Penny Bjornstad,  
Second Vice President  
(Sweetwater Women's Club)

Shannon Mills, Treasurer  
(CVESD, Nurse)

Jovita Arellano, Secretary  
(Institute for Public Strategies)

## Members

Brendaly Rodriguez, MA, CPH  
(CVCC)

Lisa Butler  
(CVESD, Student Placement)

Nancy Kerwin  
(CV Sunrise Rotary)

Stelle Andrade  
(Institute for Public Strategies)

Angela Tomlinson, MA (CVCC)

David Garcia Ozua (CVCC)

## Contact | Contributions

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**Mission** | Help families in need by providing temporary and emergency food and linkage to resources.



CVWC brings together Chula Vista Elementary School District Staff members, Nurses, Students and community groups every year to celebrate the spirit of giving and volunteering.

The crucial support of partners and collaboration with CVCC spreads magic during the holidays and sets up an emergency food bank for Family Resource Center families. Together, in solidarity both organizations have been able to help thousands of Chula Vista families across the decades. Thank you for all of the support to strengthen the community and ensuring no children in Chula Vista are food insecure.



## Contributors, Donors and Volunteers

**Thank you organizations and groups who continue to support our efforts.**

Chula Vista Elementary School District | Chula Vista Community Collaborative  
Sweetwater Women's Club | Chula Vista Sunrise Rotary | Chula Vista Community  
Church | Chula Vista Police Activities League | Chula Vista Fire Fighters Foundation  
| Northgate Market | Ralphs | Goya Foods | Sweetwater Union High School District  
| Promotoras Activas para la Comunidad | San Diego Party Rentals | Las Primeras  
Republic Services | **Pictures** | 1997 CVESD Nurses | Santa Shop | Rotary Volunteers