CSU

BAYVIEW CRISIS STABILIZATION UNIT

LIVE WELL SAN DIEGO

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Outreach and Marketing Coordinator

Agenda

- Introduction & Overview of Bayview Crisis Stabilization Unit
- Criteria overview
- Triage & Treatment Planning
- Goals & timeline of services rendered
- Program Analysis
- Summary
- Questions & collaboration

Bayview Crisis Stabilization Unit

COUNTY CONTRACTED & FUNDED

In partnership with Paradise Valley Hospital, the Bayview Behavioral Health campus – Bayview Crisis Stabilization Unit is a county contracted emergency mental health service provider.
No appointment necessary.

COLLABORATION & COORDINATION OF CARE

Bayview CSU collaborates with local law enforcement agencies, MCRT, PERT, re-entry programs, case managers, and all other mental health providers to aid in treatment and crisis intervention.

Bayview Crisis Stabilization Unit

MULTIDISCIPLINARY TREATMENT TEAM

The multidisciplinary team at Bayview CSU is available 24 hours a day to assist those in need around the clock. The team consists of Registered Nurses, Social Workers, Peer Support Specialists, Nurse Practitioners, Psychiatrists, Discharge Planners, and Unit Secretaries.

OUTREACH & AWARENESS

Outreach efforts are focused on reaching all those in the San Diego County 18+ in hopes to raise awareness of the services Bayview CSU provides, to reduce the stigma surrounding mental health challenges, to assist in the efforts of suicide prevention, and to promote overall well being of those in the community.

Overview of Criteria

Criteria

Psychiatric 5150 Evaluation Criteria

- CSU can accept those that meet the 5150 psychiatric evaluation criteria, as well as accept those that have previously completed 5150 psychiatric evaluation that have been initiated by first responding agencies.

Important note about 5150 clients: Bayview CSU cannot accept those that are highly under the influence of any substances & alcohol, actively combative towards others, and are engaging in self harming behaviors. Questions regarding criteria can be directed to the Bayview CSU Director Irene Dominguez and or the Assistant Program Manager William Carter.

Criteria

Bayview Crisis Stabilization Unit can also support:

- Those experiencing challenges with mental health
- Those experiencing thoughts of self harm and suicide
- Can accept clients that are in wheelchairs, however, client must be able to utilize facilities and clothe themselves independently.
- Can accept various types of insurances including no insurance
- Can assist those that are undocumented
- Can accept and assist clients that are experiencing homelessness
- Can assist those who do not have an ID and medical insurance card on person.
- Can accept clients with documented service animals

Triage & Treatment Planning overview

Triage & Next Steps

1. Security check-in & consent form process
2. Medical insurance verification & support
3. Nursing assessment
4. Behavioral health assessment
5. Psychiatric assessment
6. Treatment plan
7. Coordination of care
8. Discharge plan

Treatment Planning:

1. Coordination of care is communicated with contacts on ROI regarding outcomes of treatment, if/when the client will be discharged, and if medications were initiated or scheduled for pick up or delivery. Release of information will need to be obtained prior to communication.

2. Clients will be connected to services such as counseling, substance use counseling & treatment centers, medication refills, support group resources, and psychiatric appointment scheduling.

3. Client care begins from the initial contact, during treatment and assessments, and during discharge planning. All clients receiving treatment can get free transportation via Uber or will be provided a bus pass.

Goals of Bayview Crisis Stabilization Unit

Goals & timeline:

- **All clients** receive immediate interventions and are triaged during assessments. From the starting point of entering the CSU all clients are provided with a **therapeutic environment** & immediate needs are met.

- All clients receive **mental health treatment** for up to 20 hours of supervised care. If a higher level of care is necessary- the CSU treatment team will expedite the referral processes.

- All clients are scheduled with **follow-up mental health appointments**, are provided with additional community resources that promote overall wellness, and **will receive a follow-up call within 72 hours** after discharge by CSU staff.

Program Analysis

64%

There has been a **64%** success rate in preventing recidivism to hospitals and other crisis stabilization unit's.

96%

There has been a **96%** success rate in clients able to achieve stabilization.

2,700 +

The Bayview Crisis Stabilization has supported over 2,700 clients since its opening in 2021.

Overview of Services offered

Services include:

- Emergency behavioral and mental health service provider for those 18+
- 24/7, 365 walk in center
- No appointments necessary
- Can support those who are insured, uninsured, undocumented
- Translation services available
- All clients receive a mental health assessment
- Psychiatric assessment
- Medication management services and coordination of care with other providers
- After care treatment plan with scheduled follow up appointments that accommodate for transportation barriers
- Trauma informed & culturally competent
- Shower room and donated clothes available
- Meals provided
- Can provide transportation upon discharge

Summary

The Bayview Crisis Stabilization Unit is open 24 hours a day and 365 days a year – ready to serve those 18+. No appointment is necessary. Our multidisciplinary staff is culturally competent, welcoming, supportive, and will be available to provide mental health support and services to those in need.

Thank You & Let's Connect!

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