Chula Vista Community Collaborative Partner's meeting

February 9, 2021

9:00 – 10:30 AM

Brendaly Rodríguez, MA CPH

www.chulavistacc.org

Agenda

1. Welcome and CVCC Items — Brendaly Rodríguez

- Health Equity Principles in Responding to and Recovering from COVID-19
- CVCC Partners Survey for 2021

2. Presentations by Partners

3. Community needs and challenges — All

4. Announcements — All

Next CVCC meeting: March 9th, 2021, *9-10:30 am*

Health Equity

"I have the audacity to believe that people everywhere can have three **meals** a day for their bodies, **education and culture** for their minds, and dignity, **equality**, and freedom for their spirits."

-Dr. Martin Luther King, Jr.

Health Equity Principles:
Responding to and Recovering from COVID-19

1. Collect, analyze, and report data disaggregated data
   - by age, race, ethnicity, gender, disability, neighborhood, and other sociodemographic characteristics.
2. Include in decision-making the **people most affected** by health and economic challenges.
3. Establish and empower **teams** dedicated to promoting racial equity in response and recovery efforts.
4. Proactively identify and address existing **service gaps** while advocating for further support.
5. **Invest** in infrastructure to foster resilience.

Issue Brief: The Robert Wood Johnson Foundation © 2020 | May 2020

Family Resource Centers (FRCs)

Goal:

- Provide a safe, accessible place for families to connect with comprehensive, coordinated services that help families be strong and self-reliant.

Approach:

- Screen
- Stabilize
- Strengthen

CHULA VISTA
COMMUNITY COLLABORATIVE

FRCs: We're Open!

Beacon FRC @ Vista Square Elementary

New Directions FRC @ Rice Elementary

Fair Winds FRC @ Loma Verde Elementary

Rayo de Esperanza FRC @ Otay Elementary

Open Door FRC @ Palomar High

COVID Response & Operations

- **Modifications**: Sites & services
- **Website**: COVID education with multilingual resources
- **Mask Mondays**: Distribution of masks & hand sanitizer
- **Drive-thru**: Distribution of school supplies
- **Digital Gap Mitigation**: Device distribution & tech support
- **Es Dificil Ser Mujer**: Virtual mental health support for staff & clients

CHULA VISTA
COMMUNITY COLLABORATIVE

Feedback for 2021 and Beyond

CVCC Partners Feedback Request

Updates

SDG&E: DO YOU NEED HELP WITH YOUR ENERGY BILL?

sdge.com/assistance

- California Alternate Rates for Energy (CARE) Program
- Family Electric Rate Assistance (FERA) Program
- Energy Savings Assistance (ESA) Program
- Medical Baseline Allowance Program

Updates

Maria Milla: Covid Testing

COMMUNITIES FIGHTING COVID!

FREE COVID-19 TESTING

Help protect your loved ones and your community

Communities Fighting COVID! is a research study with a goal to increase COVID-19 testing in San Diego and to reduce the health impact COVID-19 is having in our communities.

As part of this study we offer:

- Free rapid COVID-19 testing at mobile sites (6 years of age or older to participate and minors need parental consent)
- Results in 20-30 minutes

As part of your participation we ask for:

- Contact information
- Two nasal swab samples for rapid test and confirmatory test
- An 8-10 minute interview

Come join us at one of our next events!

Nestor United Methodist Church
1120 Nestor Way, San Diego, CA 92154

Tuesday, Feb 9: 1:00pm-5:00pm
Wednesday, Feb 10: 9:30am-4:30pm
Thursday, Feb 11: 9:30am-4:30pm
Saturday, Feb 13: 9:30am-4:30pm

Questions? Call 619-643-4965

Walk-in event. No appointment needed

This study is funded by the National Institutes of Health (NIH)

SAN DIEGO STATE UNIVERSITY

COMMUNITIES FIGHTING COVID!

GRATIS PRUEBAS PARA COVID-19

Ayude a proteger a sus seres queridos y a su comunidad

Communities Fighting COVID! es un estudio de investigación con el objetivo de aumentar las pruebas para COVID-19 en San Diego y reducir el impacto que COVID-19 está teniendo en la salud de nuestras comunidades.

Como parte de este estudio ofrecemos:

- Pruebas rápidas gratuitas para COVID-19 en sitios móviles (a partir de los 6 años de edad y se necesita consentimiento de los padres para los menores)
- Resultados en 20-30 minutos

Como parte de su participación pedimos:

- Información de contacto
- Dos muestras por hisopado nasal para la prueba rápida y la confirmatoria
- Una entrevista de 8-10 minutos

¡Venga a uno de nuestros próximos eventos!

Nestor United Methodist Church
1120 Nestor Way, San Diego, CA 92154

Martes, 9 de febrero: 1:00pm-5:00pm
Miércoles, 10 de febrero: 9:30am-4:30pm
Jueves, 11 de febrero: 9:30am-4:30pm
Sábado, 13 de febrero: 9:30am-4:30pm

¿Preguntas? Llame al 619-643-4965

No se requiere cita

Este estudio es financiado por los Institutos Nacionales de Salud (NIH)

SAN DIEGO STATE UNIVERSITY

Updates

Miriam Martinez: YMCA

the YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ANNUAL CAMPAIGN
FITNESS CELEBRATION

JOIN US FOR A FUN DAY OF FITNESS FOR AN AWESOME CAUSE!

WHAT: Join the South Bay Family YMCA Health & Wellness Team for our First Annual Group Exercise Campaign Celebration Event. All of your favorite formats and instructors coming together in the same place on the same day to raise money for The YMCA of San Diego County's Annual Campaign. Join in for the entire celebration of come for your favorite instructor our routine!

WHEN: Saturday February 20th, 2021 – 8:00AM-12:00PM

SCHEDULE: 8:00AM EXTREME FIT / 9:00AM CYCLE / 10:00AM BODYPUMP / 11:00AM ZUMBA
KEY PLAYERS/TEAM CAPTAINS: Michelle, Renelynne, Cecy, Linda, Raj, Stephanie, Mitch, Chad

FUNDRAISING GOAL: $1,000 (WE CAN DO IT!)
PARTICIPATION GOAL: 10 Community Heroes per 45-minute segment

SUGGESTED DONATION: $25 per class / $100 for full-day
Donate online at: https://www.classy.org/fundraiser/3095974

FOR MORE INFORMATION CONTACT
For More Information Contact
Chad Prokop At CPROKOP@YMCASD.ORG

YMCASD.ORG/SOUTH-BAY

Participate in Zumba, Extreme Fit, Body Pump and Cycle in celebration of the Y's Annual Campaign and the great need to fundraise for our community!

Our Mission: The YMCA of San Diego County is dedicated to improving the quality of human life and to helping all people realize their fullest potential as children of God through the development of the spirit, mind and body.

Character Builders

SOUTH BAY FAMILY YMCA

On School Campus Beginning January 11

Character Builders is a licensed child care program designed to support your school's distance learning curriculum and provides grade-appropriate activities throughout the day. Students will meet in a classroom-like environment for their school-required live sessions and assignments. Afternoon enrichment activities will allow kids to engage safely in imaginative play and physical activities that stretch both mind and body.

Full Day Program: 7:30a.m. - 4:00 p.m. Monday through Friday on your school campus.
Distance learning support and play/lunch breaks through 1:30p.m.
Outdoor enrichment programming such as arts, STEM, sports, games and more through 4:00 p.m.
CVESD will be offering free breakfast and lunches to all students enrolled.
*All students must bring their own laptop and headphones for Distance Learning.

Please email Program Director Miriam Martinez at mmartinez@ymcasd.org for pricing and availability.

Visit www.ymca.org/SOUTH-BAY for more information

CDA/CRS Voucher funding is available.

*Financial assistance available for qualifying families through the Y's scholarship program.

OUR MISSION: The YMCA of San Diego County is dedicated to improving the quality of human life and to helping all people realize their fullest potential as children of God through the development of the spirit, mind and body.

Updates and Presentations by Partners

• Casa Familiar: www.casafamiliar.org	Nadia Morehouse
• San Diego CC - Continuing Education	Tavaris Franklin
• Goodwill: Community Employment Centers	Ashley Czech
• Molina Healthcare	Angel Puente
• COVID-19 Long Haulers: Who they are and New developments	Andrea A. Garcia

Announcements/General

Speakers incoming calls?

March 9
April 13
May 11
June 8

CHULA VISTA

COMMUNITY COLLABORATIVE

Thank you!

Next call:

March 9th, 2021